VOLUME 3, ISSUE 6



GOBBLER GIZZARD

FEBRUARY 5, 2010

We digest the news one story at a time

A Look Inside Infinite Campus

Thomas Zasmeta News Editor

Infinite Campus has made some changes in the school. It is a new district wide school operating system that replaced the outdated system, SASI.

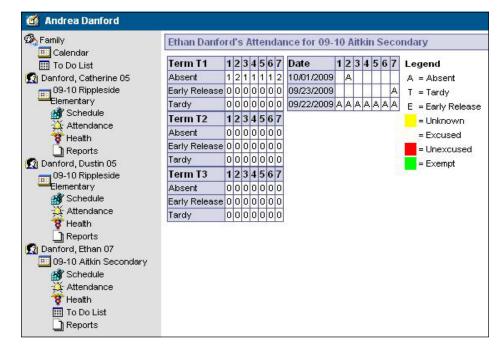
Infinite Campus was first introduced in March of 2009 and is still not fully set up. It is a web-based system that is more reliable, and has new features. Basically Infinite Campus is all of a student's information compiled in one place. Everything from grades, immunizations, attendance, etc....

Part of Infinite Campus is the Parent Portal. Once they sign up and get their user name and password a parent can go in and access their child's information. As more parts of it are installed parents will be able to access more information. This means our parents know what we are up to while we are at school.

When asked about Infinite Campus Mr. Pederson says, "It is a good tool. It is a different tool than SASI, but it does the same thing." I asked him how long it would take before it was fully set up, and he says that he doesn't know. They are still working on new components of it and he couldn't give me a timeline for its completion.

One of the features with it is that now students will be able to register for their classes online. They go on the computer and their required classes are already put in so all they need to do is pick their electives that they want to take. The only bad thing about Infinite Campus is that is a new program and it takes some getting used to.

Teachers can also post their class assignment on it. Now parents and students



This is a screen shot of the parent portal.

can see what there is and when it is due. This also gives the teachers a direct line of communication with parents because they can use the Parent Portal to send emails.

Because of the newness of the system there are certain requirements for it to work. You need internet access, computer processor speed of 500 MHZ or better, a web browser and Adobe Reader. Without these requirements your computer cannot run the Parent Portal.

Each parent has to fill out an individual form and once they do that the school gives them an activation code that they can use to set up the system. Once they

have been verified they can use it but the school has the right to deny access. Being able to access this information is not a right, but a privilege. If any of the guidelines regarding the use are violated then the user will not be allowed to use the Parent Portal.

Through the parent portal you can access the student calendar which shows assignment due dates and attendance all on one page.

Parent Portal is very simple to use. All you have to do is go to the Aitkin school district home page (www.aitkin.k12.mn.us), login and there everything is at a click of the mouse.

Using Art to Bring Relief

By Kori Flowers Opinion Editor

Three weeks ago, on January 12, 2010, a 7.0 magnitude earthquake struck the capitol of Haiti, killing hundreds of thousands and leaving almost 1.5 million homeless. All over the world, people have begun pouring out donations to aid those who are now facing homelessness in Port-Au-Prince. Here in Aitkin, the Salvation Army is looking for volunteers to help bring in donations. Here at the high school, the Student Council started a 'Helping Hands for Haiti' activity to bring in funds.

Now there is another fundraiser in the business. Senora Boerhave's first period Spanish 1 class has been painting their own interpretations of Frida Khalo's paintings. These paintings are being auctioned off to raise funds, but are also being sold to other teachers and faculty. During last week's conferences, many parents who came in to speak to teachers also walked away with their own paintings.

The paintings are recreations of various paintings and sketches found in Frida Khalo's dairy, as well as more recognizable paintings of her. However, they are not perfect representations. While they are being painted by armatures, they are open to the student's own interpretation and are a



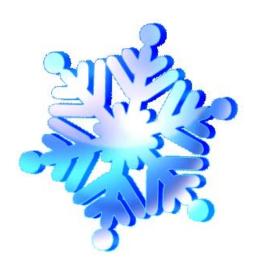
Senora Boerhave shows off her Spanish class paintings.

way for the students to really express themselves.

So far, the paintings have raised around \$80.00 to donate towards Haiti. But there is

a deeper impact than just helping Haiti. "It is like keeping a memory" said Senora Boerhave on Monday morning. She herself is keeping two of her favorite paintings.

Sno-daze Dance is set — again!



Bobbi Studniski Staff Writer

The Sno-Daze Dance was supposed to be held at the Old Gym in the high school on January 23rd, but because of the spring/winter weather it had to be postponed. It was raining and the roads were covered in ice. The student council decided to postpone the dance and make a decision on changing the date.

The date chosen to be the rescheduling of the dance to February 14th which is a Sunday and Valentine's Day also. The dance is still going to be held in the Old Gym from 8 p.m. to 11 p.m. Tick-

ets are still being sold at the same price at the Eagle. For a single going in advance it is \$7 for a couple \$12. At the door, its \$8 for a single and \$14 for a couple.

If you are unable to attend or you have changed your mind about attending the dance and you have already paid, talk to Mr. Jaskowiak in his room #310.

It is still has the same theme:
Black and White, but you don't have to
wear black and white. The attire is still semi
-formal. The student council would love to
see everyone at the dance, there is going to
be a DJ, live piano music, refreshments and
games. Have a great time!!!

FEB. 5, 2010 NEWS Page 3

Paulson enjoys being herself

By Kristy Hoge Sports Editor

There is always going to be a sense of missing something about yourself if you switched places with someone for a day. "I really like being myself, it's great to feel unique and know there is nobody out there like you. I would never want to be someone else," Miranda Paukon said after I asked what it's like to be her.

Not many people know Miranda that well, but one person that Miranda says knows her better than many is Ray Smith. "As long as I have known him he has always been there for me," she said. "No matter how I'm feeling, Ray always knows a way to make me laugh. I can also always be myself around him and I don't have to worry about being judged by him. Ray is the other half of me that knows what I'm about to say before I even say it." That is just amazing how you can have one special person like that.

Miranda is the daughter of Terry and Lisa Paukon and the older sister to Melissa. Miranda is a senior at AHS and will be 18 in March. Her favorite colors are blue and lime green. Her mom's and only her mom's taco salad is her all time favorite



Miranda Paulson

food. Miranda is a very unique person who is involved in many activities. She is involved in Varsity Basketball and Softball, FFA, 4-H, Bit and Bridle Saddle Club and Peer Helpers. This says a lot about her. She is a very versatile person. Her favorite time of the day is in Art class, she loves when you can start with nothing and make it into a masterpiece. Miranda is all about having fun. That is her motivation in playing sports. It makes you learn to be a team and

also all the new friendships you make and makes you enjoy the old ones that much better.

Miranda's favorite hobby is doing her International Relations paper for Mr. Miller...yeah right!! Really her favorite hobby is riding horse. "Forming a bond between human and animal is a pretty powerful thing, that unless you have never experienced it's hard to understand." The way Miranda expresses herself around horses is very compassionate, controlled and poised. It's like the way Miranda is in her everyday manner.

Miranda was recently voted Sno-Daze queen. She was very honored, surprised and happy that her peers would want her to have this great opportunity. This says that she is very liked by the school and that explains how great a person she really is. I asked her what was going through her mind while standing on stage, her answer was "Please be Kristy! Please be Kristy!" This shows how compassionate she really is. She wants the best for others before herself. Many people say that Miranda is a good person with a big heart and knows how to have a good time.

Aitkin speech team competes at McGregor meet

The Annual McGregor Firefighters Speech Meet was held last Saturday. Eleven schools competed. Hibbing finished first in the team standings and Cretin-Durham Hall took second.

For Aitkin, Emma Reeves received a first place trophy in Discussion. Leah Thumer received a blue ribbon in Discussion. Makayla King also participated in Discussion.

Lyle Nyberg received a third place trophy in Extemporaneous Speaking. Molly Franz received a blue ribbon in Extemporaneous Reading. Lucy Rian received a blue ribbon for interpreting her original writing in Creative Expression. Kyle Daun also received a blue ribbon for Creative Expression.

Theresa Johnson and Mikinzi Franz received blue ribbons for their Poetry speeches. The Duo team of Annie Nadeau and Taylor Erickson performed their speech very well.

Let Us Sleep: A later start would help

By Kori Flowers Opinion Editor

Monday night: A hardworking senior was working frantically away at a computer. They were perfecting a scholarship essay, collecting materials for said scholarship, and working on another paper for a different class; all while surfing the web. With an ear bud in one ear and cell phone in hand, they were the focused, ready picture of a multitasking teenager.

Then ten o'clock rolled around, and the dreaded words drifted down the stairs: "Sweetie, shouldn't you be going to bed?" The student protested, claiming to have stayed up much later the night before, but to no avail. The parents refused to relent, and the student was in bed before 10:30. The worst part is: this is totally a true story.

My parents are true believers of the 'eight hours of sleep' thing, even going to bed at **9 o'clock** in order to be awake at six in the morning. I also have to be awake at six, but I **refuse** to go to bed before ten. Eight hours of sleep is all well and good for adults, but what about us teenagers? While adults go to bed early and get up early, teenagers go to bed late and get up late with fewer hours of sleep. Its not because we were staying up late with homework and video games (well, maybe, occasionally); it's because that is how we are programmed.

It has been proven that teenager's sleep cycles are different from adults. A sixteen year old sleeping from three to eight o'clock can perform as well as an adult with "normal" sleep habits.

Have you ever tried waking a college student up before eight? Its like booting up an ancient computer: takes forever to rouse it, and then they don't perform very well for several hours.

Colleges are set to their student's internal alarm clocks. Many classes are in the afternoon, and students are given plenty of time to sleep. High schools...not so much.

I know a suggestion was made on last issue's poll for a naptime in school, like what we did in kindergarten. Little kid's sleep schedules can accommodate a naptime; they really need it. Adults can function better with a naptime too. In some workplaces, they have set aside a thirty minute period for a naptime (no, I am not joking).

That is good for adults, because they can use a reboot by that time. Just like older people taking naps in the middle of the day, it's a sign that their bodies are slowing down and need a recharging period.

We, however, are teenagers in our prime! We don't need a naptime in the middle of the day; that would just mess us up for the rest of the day. We just need to sleep a little later. If school started just an hour later, at 9:30, we could function much easier and for longer. No more sleeping in class. No more zombie students wandering the halls.

See Sleep, Page 10

What would you do...

Opinion Poll

....without your Cell Phone?



Jozie Tviet

"I would be lost! I'd be stranded!"



Kristy Hoge

"I'd be in agony, I'd lose my sanity, and I'd keel over and die!"



Jerry Ruschmeier

"I probably wouldn't know so many people."



Mrs. Irwin

"It would be very difficult to keep in touch with my family."



Bryanna Kliewer

"I would die!"

WANTED: Injured student athletes?

By Kristy Hoge Sports Editor

As a student athlete and very active in the gymnasiums here at Aitkin High School I am very aware of how the conditions are. One issue comes to my mind very quickly when talking about conditions of our two gyms are the slippery floors! As a basketball competitor it has come to my attention that it is becoming too dangerous to play on. If you watch any of the basketball games or volleyball matches, notice how the athletes always slip and slide all over the court. Many teams already have injured players fighting through their own pain to play the game they love, but our floors are making it that much harder for them to play.

We have asked the custodians to

wash the floors before our games so we can prevent some injuries. The custodians very kindly do this, but IT DOESN'T HELP! It's a very nice gesture to help us but we still need the floors to be waxed.

A few years ago before every school year the janitors would wax the floors and gyms, and at Christmas break they'd wax the gym floor again. Two years ago they just stopped. I've heard that the school doesn't have enough money to "waste" it on the gym floors. That tells me that they value money more than their athletes' safety. Our school just paid \$400,000 on a dirt parking lot. I believe that our schools decision on that purchase was very smart but they could put a little of that money to take care of our school's gymna-

siums as well.

I have also heard it said that it takes too long for the gyms to dry after being waxed. After doing my own research I have found it takes only 24 hours per 600 square feet for our floors to dry! Really no time at all.

I am just simply trying to convince our school officials who are in charge of the floor to fix them before we have any more injuries. It is always a devastation when an athlete goes down from an injury. Students in the physical education classes have even been injured. This limits their extracurricular activities. So my theory is waxed floors helps prevent injuries from happening. So let's wax some floors!

S.O.S (Secure Our Stuff)

By Bobbi Studniski Senior Writer

One major change I noticed when I came to school was that we didn't have locks on our lockers. I don't like that we have to spend our own money on locks for the lockers.

It really bothers me if I don't have my locker locked because I can't trust some of the students in our school. I have heard stories of people stealing other students personal property and damaging their books; that just shows how immature some students are.

It just doesn't make sense how they can just take stuff and expect that person not to miss it. They might have a grudge against another student but why steal? Its so much easier to talk about the problem than make a huge mistake by stealing. It's a criminal offense to steal from anyone, so why do it at all? What's the point?

The real reason for this change was MONEY! It takes the custodians hours to change the locker combinations and they have to replace 20 or so because they are damaged or don't work. If the custodians don't want to change the locker combinations, then hire someone else to do it. It

takes thousands of dollars to replace them <u>all</u> because the old ones were thrown away.

The whole point of having locks on the lockers is to protect the student's belongings i.e. jackets, backpacks, books, extra clothes (for Phi. Ed classes), and extra school supplies. Why put the students belongings at risk of being stolen? That just makes the students and parents angry because the school doesn't know what to do about stolen belongings. Sure go to the police, but they can't just point the finger at someone who looks like they did it. That just gets more people angry for assuming someone who didn't steal, actually did steal.

I interviewed Mr. Novak, the superintendent, during 7th hour I.S. and he gave me some information I would like to share with the readers. I asked Mr. Novak why the locks were taken off in the first place and he said it was the decision of the high school principal from last year (Mr. Wagner) and the head supervisor. From his point of view he thought that taking off the locks was a great thing for the student body, because some students choose to jam their lockers instead of using the combination. Mr. Novak thinks it's so much easier for the students to get their books in between classes without the locks so they can get to

class on time without dilly-dallying with combinations that are basically falling apart. Some of the locks that were on the lockers have been on them since the lockers were first purchased. The topic of getting the locks back on came up and Mr. Novak said, "I don't believe that the locks will be put back on because the positive comments were stronger than the negatives. It would be possible to get locks on lockers if new lockers are purchased with locks included." The benefits are that the students are able to purchase their own locks and memorize one combination for years instead of learning a new one every year, another benefit was that the custodians do not have to spend an ENTIRE week (40 hours) changing the combinations and replacing the ones that don't work.

So to those of you that are still complaining you have read reasons why they are gone. I believe that most of them are legitimate reasons. So if you want more answers ask yourself, "Would I rather have easier access to my locker or should I spend \$5 to \$10 on a lock so other students won't go rifling through my stuff?" Or should the school make it a priority to have locks that work?

Boys basketball picking it up

Gage Hart Staff writer

Currently at a record of 7-8 the gobbler boys basketball have been improving on some things and coming out with victories. They had a slow start to the season but have won 4 of the last 5 games they played. On Monday, February 1st, they played the #1 team in the section and ranked in state Rush City Tigers here at home. They started off with a good start but Rush City ended the first half with a buzzer-beating 3-pointer and the lead. The boys hustled there butts off in the second half and kept a close game but couldn't finish and they lost by 12 points. Senior guard Nick Sundholm entered the game 16 points shy of tying the all time boys basketball record. Well he certainly achieved it that night. Nick has been playing varsity ever since he was in 9th grade but has started ever since 10th grade. Congratulations Nick on being Aitkin's all time boys leading scorer. Thursday they

traveled out to Mora and tonight they will host the Ogilvie Lions in conference play. Come to the game tonight and cheer the boys on to victory.

I asked senior's Ryan Abraham and captain Kyle Hoffman "do you think your where you should be this far into the season?"

"No, we are a way better team than what our record shows. We will be a good team come playoffs," said Ryan.

"No, we should have a way better record. We have had many close games that we couldn't quite finish. We should be at least 10-5. We have been playing good ball lately. We have an excellent chance of knocking tough teams out of the playoffs," said captain Kyle.

When asked, Junior Guard Seth Provost had no comment on how well his team was doing this far into the season besides that he thinks it will be a very good playoffs for the Aitkin boys.



Nick Sundholm fights against a player from Rush City.

The road for the boys is almost coming to an end with only 10 more games left in the season

and then playoffs start. Let's go out and cheer the boys on. Good luck guys.



Gobbler girls hoops team sitting at 10-7 this season

Beau Ekelund

Coach Williams said, "I look for the right attitude to the game. They need to be team first players What I look for in my team is to contribute for the overall team, working on the team's goals, then working on self goals. The team comes first."

He also said that he looks for effort, attitude, and ability in his

players.

"I ask my girls to recognize what their strengths and weaknesses are... and then their job or their role on the team is to maximize their strengths and to continue to work on the weaknesses that they have," said Coach Williams. "Every girl has a different role on the team, on whatever they can contribute to the team."

As of Tuesday, the girls basketball team has a record of 10-7.

Emily lundgren drives in a game against Mora.

Teamwork is key for amazing All Starz

By Kristy Hoge Sports Editor

The All Starz are a pretty terrific team in many ways; they are all just the best of friends, they all get along so well with each other and the fact that they put their hearts into every little moment of the dance. They want the best for their team and with that in mind they will keep up the success they have had in years past. Dance is a time of the year the girls can get to know some pretty amazing teammates and have a spectacular time with them. They form tight bonds with the girls that is taken with them the rest of the year and after

that. You could call the All Starz a little family, well a little big family having so many girls on it.

Their dance theme is "Thriller" by Michael Jackson.
Their music is a mix between three of Jackson's best hits, they are Beat It, Thriller and The Way You Make Me Feel. I asked Heidi why they decided to base their season after Michael. She responded by saying, "Lisa had this Michael Jackson team in her head for quite awhile, but wanted to wait for the right team to come along.

See All Starz, Page 10



Kennedy Swanson performs at a boys' basketball game.

Lightning strike against Walker-Hackensack-Akeley

Dylan Otto Staff Writer

The Lightening hockey team has been doing semi-decent this season with a record of 11 and 8. They have an average goal per game ratio of 4.47. On February 1st they crushed Walker-Hackensack-Akeley with a score of 15-1. Collin Burke got a hat trick, which is when you score 3 goals in a game. I didn't know that.

They tried at 13 shots in the 1st half and successfully made 6. Coach Shaun Chambers said, "It wasn't much of a game." The star players on the team this year are Sam Johnson, Collin Burke and Cody Chambers.

They played Sauk Centre on Jan. 26th. Chamber said, "It was the worst game of the season, because they didn't work very hard at all." He also said, "I wasn't happy."

They practice on days that they aren't playing games at either the ice rink in Crosby or at Breezy Point. The varsity and the JV switch places for practice every other practice. There are 25 games in a season and there are only 7 left. The next game is against Bagley at Bagley on Thursday, February 4th at 7:00P.M. It should be an ok game. Bagley has an average goal per game ratio of 3.76, but a record of 5-12.

Wrestlers continue strong season with win at Pine City

Thomas Zasmeta News editor

At this point in the season the wrestlers are 9-5. When asked about this record, captain Levi Stifter said, "We would like to be better. There were some close matches that should have gone our way." Coach Kevin Lamke agreed that they would like it to be better, but he is happy with where they are now.

They had a match on Friday, January 29th, against Pine city, that they felt very confi-

dent going into, seeing as Pine City has only 6 wrestlers on their team. Aitkin won by a final score of 68-12.

Lamke says the strongest part of their lineup is the middle weights, but they have good wrestlers across the team.

On Thursday, February 4^{th} , the wrestlers had a match at Staples. Coach Lamke says that he has not done anything different to prepare. They want to make Staples more worried

about what Aitkin does instead of the other way around.

The wrestlers work very hard to be more conditioned than their opponents. "We cannot rely on our wrestling abilities alone." Coach Lamke said.

On February 16^{th} , Sections will start for the wrestlers. The team is standing at either 3^{rd} or 4^{th} in the section, but the next few games will determine how this changes. Good luck with the rest of the season wrestlers.

Female Athlete of the Week

Chaput captures 1,000



Chaput drives for the lay-up against Mora.

Joe Elvecrog Staff Writer

On January 12, while playing against the East Central Eagles, Meredith Chaput reached a milestone that only five Aitkin basketball players have – she scored her 1,000 career point. Meredith, a forward on the team, said that it was an honor to reach the 1,000 point mark but that she is not basing her career off it. "It is a great reward for the hard work in the off season, but I'd much rather put wins in our (the team's) record than score.

In the summer, Meredith is in the gym at least three or four times a week and on weekends she plays AAU basketball. During school, she is at the open gyms on Tuesday and Thursday mornings and once softball practice starts, she is outside every day after school. Meredith's goal for this basketball season was to pick up where the team left off last year with a great group of

girls willing to put it on the line for each other. Meredith gets nervous before every game but says that being nervous shows she is ready to do her best. Meredith says that as a basketball player, she is "dedicated, knowledgeable, coachable, and respectful to every aspect from players, coaches, and other teammates."

In her spare time, Meredith loves hanging out with friends, eating!, and also enjoys playing and watching other sports that are not basketball related. Meredith's favorite food is cheesecake, her favorite subject in school is History, and her favorite movie is "Love and Basketball." Something most people would never guess about Meredith is that as much as she loves basketball, it is not her favorite sport to watch—baseball is.

See Chaput, Page 10

Male Athlete of the Week

Jackson: determined matman

Kristy Hoge Sports Editor

Adam Jackson is a part of the Varsity Wrestling team. He is wrestling at a weight class of 125. Last year, Adam was on varsity only half the year and is now working hard on his moves and strengthening up over the off-season. He is on the team the whole year now.

Adam wrestles because he likes a challenge, being on varsity now there is going to be some big challenges for him. Adam is 8-8 on the year for his record taking fifth at his first ever varsity tournament in Mora on January 9th. That is Adam's favorite part of

the season so far because it was indeed his very first varsity tournament he wrestled in.

Adam has been in wrestling since first grade, he puts in a lot of time so he can reach his goals. Adam answered the question 'If there was one word to describe wrestling, what would it be' with, "Work. It takes a lot of hard work to be a wrestler." One of his main goals this season is to be a state entrant for weight class 125. It will be a great accomplishment for Adam since he is only a sophomore.

See Jackson, Page 10



Adam Jackson wrestles at weight 125.

Tamarack's Vintage Run has best turnout yet!

By Bobbi Studniski Staff Writer

On January 30th the Tamarack Sno-Flyers Snowmobile Club hosted the 21st annual Vintage Snowmobile Run from Tamarack to Jackson's Hole in Lawler, both towns north of McGregor. This is a 15-mile run on groomed snowmobile trails, taken care of by the Sno-Flyers of Tamarack, through the woods of public and private land, swamps, and fields. If you registered, you got a ballet to vote on the nicest vintage snowmobile, and top three received a trophy.

Registration for snowmobiles 25 years or older began at 11:00 A.M at the clubhouse of the Sno-Flyers in downtown Tamarack. There were over 300 snowmobiles registered and many more came to check out the turnout. People stopped on the side of the trail to take breaks, cool off the snowmobiles, and to chat with others about their old snowmobiles. Some even started fires to cook lunch. Everyone was having a good



There were many sleds of many colors at Jackson's Hole in Lawler

time and were remising about the old snowmobiles that they had when they were kids.

People came from near and far for the vintage run. All makes and models of snowmobiles were everywhere! Rare makes, like Dauphin, Alouette, Ski-Horse, and Johnson-Evenrude, to more popular makes like Polaris, Arctic Cat, Scorpion, and SkiDoo. Not all of the snowmobiles were vintage, some people came on their new snowmobiles just to enjoy the trails and see all the vintage sleds. Some people referred to the vintage snowmobiles as "scrap iron".

There was a nice warm meal of chicken noodle soup and hot dogs at Jackson's Hole for a donation. Also concessions and the bar was open for beverages. Many people brought some snacks for the trip. People were very friendly were nice enough to wave and smile as you rode down the trail. If a sled was broke down there was someone who had took and were kind enough to stop and offer a helping hand. Some snowmobiles were towed back because of a breakdown.

A little history about one particular brand of snowmobile, the Scorpion. It was built in Crosby, Minnesota. The Scorpion was a very popular in the 1960's and 1970's, and those who own them that run have a blast riding on the trails. The Scorpion hasn't been built since the early 1980's, but if you know the right people finding parts may not be such a problem. The Iron Hub Bog Busters in Crosby are well known for Scorpions and they work on Scorpions from October until the snow melts getting ready for various vintage runs around northern Minnesota.

The Slushy Tops Of Lakes Not Producing Much Action

Gage Hart Staff writer

Ever since the rain came down and then the snow, the lake conditions have gotten bad. Now when your trying to drive out to the lake if you don't stay on a plowed trail then your almost guaranteed to go through some slush. And it's not just a little bit of slush either, it's at least a good half foot of it and some lakes got about 2 feet in spots. And to top it all off, now that it's getting much colder out and is below free zing on a daily basis, it slowed down the bite of the crappie. Crappie's get more aggressive on warmer days as they are searching for food. Usually the

ones that are suspended (higher up that the rest of the fish, usually sitting right on the bottom) will hit your hook the second you dangle your hook in front of there eyes. The little bit of action that the fish are giving seems to be a little after dark to about 6:30 and around the times of 11 A.M. -1 P.M.

The Walleye seems to be biting a little better than the crappie but it isn't the most steady bite ever. On a really clear lakes you want to fish for them early in the morning and from sunset to a few hours after dark. The reason for this is that walleye have a keen eye and can tell what time of day it is on clear lakes and they don't

get hungry during the day. But on a really muddy unclear lake they can bite at any time during the day. They sense that it is night time and think that they must feed. Usually they bite best during the day is anywhere from 12-3 and try to fish with as big of minnows as you can. When it comes to walleye the biggest fish tend to bite on the biggest bait out there in order to keep up the weight in the cold winter months. This weekend's forecast should be ideal for walleye to hammer on the hooks. You should go out this weekend and give it a shot. You never know when the big one is going to bite.

All Stars / Continued from page 7

It's just a coincidence that it happened to be this year, also, it had nothing to do with the death of Jackson like many people think." Lisa must have been right that this is the team fit for this dance. The All Starz high kick team is 6-0, taking first at both conference meets and first at all four invitational's.

I interviewed Heidi Klingelhofer, a senior captain, and asked her if she could sum up this season what she would say. Her response was "Best Season Ever!" It is her fifth year on the varsity team and she couldn't have asked for a better senior year. "I want this team to put everything they have into this dance. We have the potential to go all the way, but we can't do it without every single girl giving it their all" Heidi explained. The best time of the season for Heidi is, "This time right now. We all know the dance and can spend time fine tuning it. Sections and State are no longer too far ahead and we want to make sure we're ready once we get there."

The All Starz dance team is up against some tough competition having thirteen teams in

their section. The section teams are: Columbia Heights, Concordia Academy, Cromwell, Mayer Lutheran, Minneapolis Edison, Minneapolis Washbum, Norwood Young-America, West Lutheran, PACT Charter School, Brooklyn Center, Ely and Duluth Marshall. Their section meet is Saturday, February 6th, at home starting at noon so come out and support your All Starz! This section meet decided who will be heading to state to represent the 2-A section. Good Luck girls, we'll be looking forward to moving past sections!

Sleep / Continued from page 4

Maybe it'll lower levels of stress around the school and will boost moral.

Some schools have begun starting school later, as an experiment; even a few down in the Twin Cities. While it is still in the experimental stage, I hope that.

Some scientific communities believe it is vital for teenagers to get 9 and a half hours of sleep on school nights. Obviously these scientific communities are full of older ladies and gentlemen who probably don't have teenagers of their own.

Too much sleep can be just as bad as not enough sleep. It will make us even more tired and unable to focus.

Who wants to try this experiment: go to bed at ten o'clock and wake up at seven. No homework or electronics two

hours before bed. Try this for a week, and tell me how you did. Are you more refreshed and awake during class? Has your homework or social life suffered? Did you spend quality time away from electronics and with your family? Any volunteers?

Chaput / Continued from page 8

As a player, Meredith idolizes Lindsay Whalen. "Ever since I was little, I've wanted to be like her," Meredith says. As regular people, Meredith idolizes her mom and dad. "They have never not been there for me. They have been the most supportive people in my life," she says.

When Meredith blew her knee out last year, she was "deathly afraid" that she couldn't and wouldn't play basketball again. She says that she honestly doesn't know what she would do if she couldn't play basketball. Basketball has always meant a lot to her and without it, she would-

n't be who she is today. Meredith would love to play college basketball and five years from now dreams of playing her senior year and graduating at the University of Wisconsin in Milwaukee.

Jackson / Continued from page 8

Adam said, "It's an honor to be on the varsity team as a sophomore. Ever since I first started wrestling in the elementary school, it's been a goal of mine to be on varsity, and to wrestle under the 'big light'." All of Adam's hard work and determination has paid off, he accomplished one of his goals. Adam, calm and confidently went out for his first match and wrestled

hard but came out with a loss with a score of 3-4. He said, "It's like any other wrestling match but just harder." Congratulations Adam and good luck the rest of the season.