

Read

What's up

Volume 3, Issue 4

November 25th, 2009

Chem. Class heads to Chicago

By Jerry Ruschmeier

Staff Writer

The chemistry students of AHS headed out to the “Windy City” of Chicago Friday November 20th. The two charter buses loaded up with 81 students and nine chaperones took off at 6:30 a.m. The bus arrived at the Holiday Inn at 4:30 p.m. one hour ahead of the schedule. At 6:30 the students left to the Medieval Times where they got to watch real jousting and eat a meal with their hands. As they got back to the motel students were sent off to bed for the long day ahead of them on Saturday.

Saturday morning students headed out to the Field Museum which included, an ancient times of Egypt exhibit, an African American exhibit, and an exhibit of animals from around the world. After that the students headed out to the Shedd Aquarium where they saw over 400 different aquariums of underwater life from around the world; along with seeing a show of a dolphin, a sea lion, a hawk, and five little penguins. Later on the students went out to the Museum of Science and Industry where they saw exhibits on everything from what real deceased babies look like after two weeks to nine months all they way to plains trains and automobiles, along with real human muscular and organ displays, and even a submarine. Their next stop was Navy Pier, which is basically a strip mall on a dock filled with gift shops, restaurant, and even a build a bear. Their next and final stop for the trip and the day was the formerly known as Sears Tower which is now Willis Tower. There they



Chemistry students posed on the steps of Field Museum for a picture.

got to stand out on “The Ledge” which is a glass case suspended 103 stories above the ground, and watch a movie of the brief history of Willis Tower. From here it was back to the motel where students spent the last couple hours working out swimming or hanging out in there rooms.

Sunday morning the students headed back home at nine o'clock in the morning and got back at about six thirty that night.

Mrs. Smith: “*This trip was the best yet! Of the six trips I’ve taken with AHS this year’s had the best weather. Everyone seemed to enjoy each stop so much, and we even made good time there and back. Even being at the hotel was a blast. This was the first year we had a boy and girl bus, which worked out so*



Students ate at Medieval Times (left)



Baby seen at Museum of Science and Industry

well—less arguing over which movies to play, and quieter conversations so those who wanted to could sleep. I’m so proud of these kids! And I’m glad that they enjoyed it. This weekend was one of the best of my entire life.”

Chris Hughes: “*This is Freaking awesome!*”

Mrs. Fitz settling in and taking off

Long-term sub has been filling in for Mrs. Kaiser

By Quinn Cummings

Staff writer

When the year began, Mrs. Kaiser took a maternity leave to take care of her new seed, so out went an opportunity for a temporary teaching job and a woman you now know as Mrs. Fitzgerald took her place for the trimester.

Mrs. Fitz grew up in St. Cloud and went on to school with a teaching career at St. Cloud State. She went on teaching in places such as Brainerd and Princeton after graduation, but when a temporary teaching job opened up in Aitkin she went for it, and was very excited to begin teaching English 8 and drama. For her, teaching in Aitkin has been rewarding. She appreciates the support of the community, the great teaching staff and the kids she has taught. She said, "The kids in Aitkin are very open to learn and show no resistance to learning new material."

When Mrs. Kaiser returns, Mrs. Fitzgerald plans to keep continuing day to day subbing around the area. Some of the

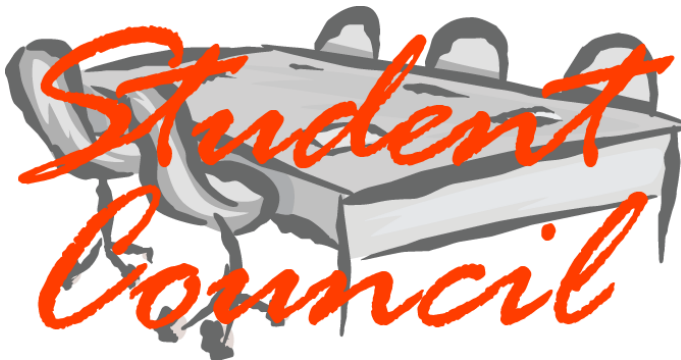


Mrs. Fitzgerald sits at her desk in Mrs. Kaiser's room.

things Mrs. Fitz's enjoys doing outside of school include reading, going to the lake and doing water sports, trying to run, and she has also taken up sewing. Overall she

has had a great time here, and will miss AHS and its loyal Gobblers, and in return we will miss Mrs. Fitzgerald and will hope to see her again in the near future.

Student Council looking for more participation



By Josh Belisle

Staff Writer

Currently there are approximately 26 members of the student council. "It all has to do with participation," said Sharayah Erickson, president of student council. Currently student council is working on Sno Daze and the 12 days of giving. Sharayah also says that the main thing that needs improvement is that everyone needs to get more excited for the events, otherwise they aren't going

Is Dance a sport?



Mr. Miller: "no, no comment"



Adam host: "I don't know there pretty flexible tho"



Josh Demars: "no, yes, no, maybe, I don't know"

Jace Goodman: "I think of dance as more an art"

Brett Skattum: "what Jace said"

It's time to make some changes for seniors

By Estevan Cortinas

Staff Writer

When it comes down to your Senior year in high school it is the year you don't get to ride on the gravy train any more. Most Seniors have to work, go to school, do homework, do community service, and all the while try to get into to college at the same time. I am proposing an idea to shorten up the work overload. What if the school had a class where it offered Seniors the chance to get a jumpstart to start meeting with representatives, visit colleges, help us with study skills, time management, and apply for scholarships.

Time is of the essence in college

because you have to have everything in on time, you have to be to class on time, and you can't just forget to do something. There is more things to do than just going to college. Being able to make the transfer from high school to college is a huge jump and most students aren't prepared to do that. You see a lot of students taking college classes in high school so they don't have to worry about taking more classes in college. Mrs. Doyle said, "I believe that a class like that would be amazing and I would want to be the one to go and teach it ". But since that she can't since she is the only guidance counselor in the school we would have to get another teacher and go through a long process just to get that class. College is a

hard thing to prepare for. So why don't we have anything helping us?

When we do get the chance to go on college trips we are taken out of school and miss class. When you are taken out of school, school doesn't stop. It continues and while you are trying to get into college you are also letting your grades slip. This is a school to help educate you for the future and unless we are all going into a professional job right away then we will be fine. But since most of us are going to college then we need all of those techniques but are not getting any. I believe that a class for college bound seniors focusing on time management, study skills, and college visits would be beneficiary to Aitkin High Seniors.

Basketball Blastoff!

Tom LaLond

Staff Writer

When you lose something that is very important to you, you have a couple options. You can see it as a total loss, or you can see it as new and better opportunity for you, and that is exactly how the girls on the Aitkin basketball team are looking at the season ahead of them.

"The practices have been great!" said Rob Williams, the girl's head coach, and he sees lots of energy and hustle in the girls during the early part of the season. After their incredible season last year that ended abruptly at the section finals, the girls worked together all summer and they all stepped up for this season to make another stellar run at a title. Coach Williams said that he doesn't see any big time stand outs because every girl is working hard to make this year the year. The seniors this season have stepped up and became anchors for the younger girls, who will see some varsity minutes this season. There are many girls that will find out that they will have to play newer positions to fill the few gaps the team may have, but every girl is very capable of doing this.



This years starting crew

The team knows they all cannot always be perfect and there will be some bumps along this road, but it will be great in the long run because of the many young contributors. With their first home game Dec. 1 against Pine City, the girls are very excited and hope to start out the season with a strong, confidence-building win.

Gobbler boys are ready

Gabriela Maqueda

Staff writer

The boys basketball started the season on Nov. 23, and their first game will be on Dec. 8th. The boys are very excited for this season; they are hoping to have a more successful season this year than the last.

The captains will be picked by the team on the first week of practice. This will be Ryan Fowlds' second year of coaching the varsity boys. Coach Fowlds thinks Crosby or Pequot will be their biggest game of the season. But the boys feel that

They can compete for the conference title, with their positive attitudes and dedication they will get there. Coach Fowlds said, "The boys have their eyes set on the conference title."

Nick Sundholm has been in varsity for the past three years, he believes that their biggest game this season is Crosby or Isle. Last year Nick scored 37 points in one game; hopefully the boys have a successful season this year Nick's goal of the season is to break the school record.

Good luck boys and we will be supporting you through out the season, and go Gobblers!



New Coach, Same Attitude

Lamke takes over for Dan Stifter, as Mr. Stifter is the Dean of Students, and A.D.

By Shelby Kokesh

Staff Writer

The 2009-2010 wrestling season is about to kick off! The boys' first match is a quadrangler in Wisconsin on the fourth of December. Coach Stifter who was the former head coach is now the assistant coach, and Kevin Lamke has taken over head coach. Stifter's role as assistant coach is to help Coach Lamke when it's needed,

as well as plan the practices, drills, & technique.

The numbers, while not as high as other years, are still pretty good at about 35-40 wrestlers. Returning state entrants are Dalton Stevens and Jordan Chounard. Dalton is one of the three Captains this year along with Levi Stifter and Joe Elvecrog. Dalton wants to wrestle 135, Stifter at 189, and Joe at 112. "My biggest match was semifinals at Big Bear winning

by only one point with five seconds left," said Dalton.

Coach Stifter believes the hardest competition in the conference will be Mille Lacs, which is Isle and Onamia combined, the non-section team would be Royalton. "Not just one student stands out, it might be an individual match but the boys are a team," said Stifter. The seniors usually lead the way on the team. So come and cheer on the boys on Thursday, December 17th at 7:00 as they



take on the Rush City Tigers at home.

Big loss, Bigger Gain

Losing 14 big players last season, Lightning hockey team looks to the seniors to step up big.

Jerry Ruschmeier

Staff Writer

Lightning Hockey is getting ready for a new year as they started tryouts last week to find out who can make their varsity team. Coach Chambers said that this year there is definitely a difference between the J.V. and varsity teams. After losing 14 of last years seniors they are going to have to have a younger varsity team this year. One thing that will be helping the team is that this year they are a Single A team instead of a Double A team like last year. Fortunately the team will also have one of last years leading scorers Sam Johnson and

their only returning full time varsity defenseman Collin Burke.

When asked about last years season Chambers said he thought they had a descent year and he feels that this year will probably a lot like last year. When hockey players Sam Johnson and Evan Rhodes were asked how they felt about the upcoming season both said they were really excited to start playing. Sam also said the one game he is really looking forward to this year is Park Rapids because they have never beat them but its always close. (tied with them twice, and lost twice by one point.)



Seniors Collin Burke and Sam Johnson celebrate on the ice.

Dalton Stevens, Quiet Warrior

By Estevan Cortinas

Staff Writer

Dalton "The Quiet Warrior" Stevens is this week's athlete of the week because, as he said, "I like to lay down the wood." Dalton is more of a person who lets his playing talk for him on the field. Dalton is a running back and a linebacker for the team, but is also a football player, wrestler, and undecided golfer or baseball player for the school.

Although Dalton is known as a state champion contender for wrestling, football has always been close to him. As a young kid his dad has inspired him to be where he is at in his football career as a

running back and linebacker. Stevens is not known for his speed, but his hard hits. Dalton said, "I like to play linebacker best because usually you are the one not getting hit, but is hitting the other guy."

Dalton's favorite quarterback is Brett Favre because he said, "Brett Favre is the best." His favorite football memory is when Nick Harmon thought he saw a bunny rabbit on the power line. Dalton uses football as a form of letting out his anger. Dalton keep hitting hard and doing what you are and congratulations on athlete of the week.



Dalton Stevens

Janzen's Hard Work = Good Dancer

By Brian Johnson

Staff Writer

Lizzie Janzen: a hardworking dancer. Lizzie has been in dance ever since she was three years old. She was in tap dance and later switched to Just For Kicks. In seventh grade she made the junior varsity dance team in high-kick and jazz dance. In the eighth grade she made varsity and has been on varsity ever since then. She got the coach's award in the eighth grade and has lettered three times and is going on her fourth. It is also her second year being a choreographer for the team.

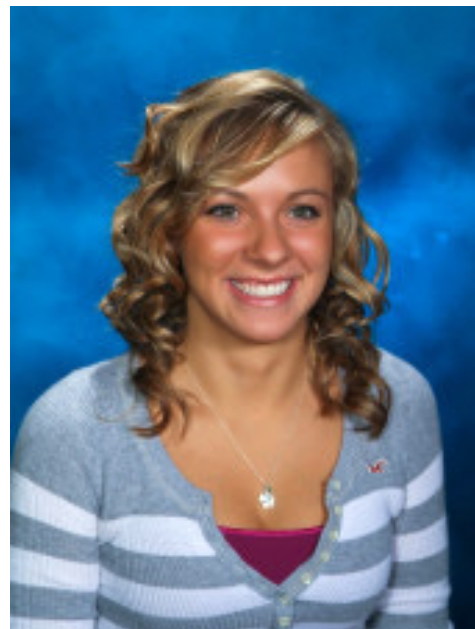
Lizzie said she likes dance because it's a great bonding experience and they are all

so close. "We are like one big family," she said. "It's great!" She said she likes jazz

more because it's more freestyle and said it takes more skill.

Lizzie's favorite dance moves are "The Switch Leap" and "The Michael Jackson Move." Her least favorite move is "The Rush." Lizzie said her favorite song to dance to was a Michael Jackson mixed track that had the songs "Beat it," "Thriller" and "Bad." She also really liked performing "Diamonds are a Girl's Best Friend" in ninth grade.

Lizzie said she really looks up to her little sister Hanna Janzen because she is so dedicated. When Lizzie grows up she wants to be an elementary teacher and a dance coach "with big honkin' nerd glasses."



Lizzie Jansen

Get ready for the annual Turkey Trot

By Casey Edwards

Staff Writer

Looking for something to do over the long weekend for Thanksgiving break? If so, come to the McDonald's parking lot on Saturday, November 27 to support the Aitkin High School band and choir students by participating in the 5k Turkey Trot walk/run.

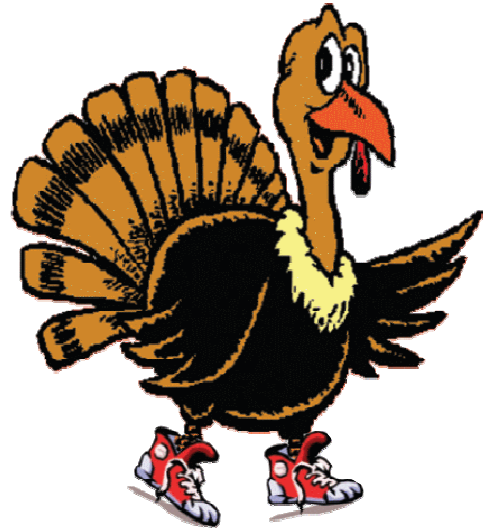
Registration is between 8 a.m. and 9 a.m. The cost is \$5 for students 12 and under, and for band and choir students. If you are over the age of 12, your cost is \$10. There are two different categories: the 12 years and under trot, which is only ¼ mile long and lasts from 8:30 a.m.-9:00 a.m.; and the 13 years and older, which will start at 9 a.m. and allow runners as much time as they need.

Local businesses are also helping to support the band and choir by pre-registering runners. Jeanie's, Aitkin Flowers and Gifts, The Beanery, and the Office Shop are all places that you can go to pre-register. The first 25 people 12 and under and the first 75 people 13 and older to register will receive a "Go Green" gift bag full of goodies.

All proceeds will be donated to the band and choir for the trip they will be taking in three years. The Aitkin Women of Today are heading up the Turkey Trot, and this year selected the band and choir to receive the money.

So far, it seems that there have been quite a few people to register. I talked to the choir teacher, Mrs. Blake, to see how she thinks this year's Turkey Trot will go. She said, "I think there will be a good turnout because people will be home from college." There are no favorites to win the race, but Mrs. Blake said that there are a lot of track students participating.

This is sure to be a fun experience to all who participate, and it is going to offer a big helping hand to the band and choir students for their trip. Try to be there to support our school at the Turkey Trot 5k walk/run!



Time to play it up with the One-Act

Killing Bill gets underway

By Desirrae Merrell

Staff Writer

This year's One-Act play is "Killer Bill." Mrs. Real came up with this and decided to do it when Mrs. Blake suggested it to her. The subsection competition is held here in our very own school on January, 23, and the section competition is held in Marshall on January, 30.

When people are auditioning, Mrs. Real is paying attention to people's voices, to see if she can hear them and understand them. She is also paying attention to the physical character to see if she can picture them actually doing their part.

The two people who got the major parts are Abi Nadeau as Shelly and Michael Flowers as Don. For the other parts, Erik Sandbeck is the Voice and Kori Flowers is the Body for King Lear, Mitchell Fontaine and Michael Hanson play Gloucester, Tyler Michaletz and Landon Bitker play Kent, Kelsey Dagen and Mariya Epeseth play Regan, Anna Seum and Sharayah Erickson play Goneril, Dacia Sjolund and Laura Peggs play Cordelia.

The waiters/thought balloons are Levi Perrine, Cody Zenk and Michelle Alvarez. The musicians are Joseph Fontaine and Elise Courtemanche. The Tech Crew consists of Beau Ecklund and Alicia Daun.



Michael Hanson & Abi Nadeau have parts in the play.

Nov. 30	Dec. 1	Dec. 2	Dec. 3	Dec. 4
LONG JOHN	MUFFIN	FRENCH TOAST	EGG BISCUIT OR	LONG JOHN
CEREAL	CEREAL	OR CEREAL	CEREAL & YOGURT	CEREAL
MILK & JUICE	MILK & JUICE	SAUSAGE	MILK & JUICE	MILK & JUICE
-----	-----	MILK & JUICE	-----	-----
GRILLED CHEESE	CHICKEN PATTY	-----	SUB SANDWICH	CHILI
TOMATO SOUP	BUN	SPAGH / MEAT SAUCE	TRIMMINGS	BREAD STICK
VEG / DIP	TATOR TOTS	NOODLES	TATOR TRIES	V EG & DIP
FRESH FRUIT	GREEN BEANS	COLESLAW	BEANS	BANANA
SHERBET	PINEAPPLE	APPLESAUCE	PEACHES	COOKIE
		GARLIC STICK		
Dec. 7	Dec. 8	Dec. 9	Dec. 10	Dec. 11
BREAKFAST PIZZA	MUFFIN	FRENCH TOAST	EGG BISCUIT OR	SAUSAGE POCKET
CEREAL	CEREAL	OR CEREAL	CEREAL & YOGURT	CEREAL
MILK & JUICE	MILK & JUICE	SAUSAGE	MILK & JUICE	MILK & JUICE
-----	-----	MILK & JUICE	-----	-----
CHICKEN FAJITA	TATOR TOT HOTDISH	-----	TURKEY GRAVY	TACO'S
RICE	GREEN BEANS	CR WILD RICE SOUP	MASHED POTATOES	TRIMMINGS
TRIMMING	FRUIT	CHOICE SANDWICH	CORN	APPLESAUCE
PEAS	BREAD STICK	VEG & DIP	DRESSING	BANANA
PEACHES		FRESH FRUIT	DINNER ROLL	WACKY CAKE
		PUDDING		
Dec. 14	Dec. 15	Dec. 16	Dec. 17	Dec. 18
Upcoming Spanish Club Activities	SCRAMBLED EGGS	SAUSAGE GRAVY	Feb. 17: Celebration of San Valentin	ROLL
Dec. 14: Celebration of Navidad	BISCUIT	OR CEREAL	March 23: Latino Games and Songs	CEREAL
Jan. 15: Dance Lessons	OR CEREAL	MILK & JUICE	April 23: Festival of Nations	MILK & JUICE
MILK & JUICE				
-----	HONEY BBQ BITES	CHICKEN DUMPLING	CORN DOG	PIZZA

Figure out what this cartoon says to receive extra credit in your Spanish class

